

A New Future 2022—CHAS

In the spring of 1974, I was in a serious farm accident. While picking rocks with my father, I fell in front of the rock picker. Fortunately, my father noticed what happened before the machine rolled all the way over me.

My mother, who was a nurse, vividly recalled assessing my condition and not being able to remember if a spleen was on the left or right side of the abdomen. An injured spleen would have upped the risks a great deal and her mind refused the information she was looking for.

She was in **shock**.

The problem with shock is that you don't realize what happened to you until well after the trauma inducing event has passed.

Our whole world— EVERYONE WE KNOW— has been subject to pandemic shock. Consider a few of these realities:

- ⇒ Places where we connected with each other were completely shut down— churches, schools, businesses, universities. Not for a few days but for years.
- ⇒ People died (lots of them). Many from Covid, many others from isolation and despair.
- ⇒ People lost their jobs; family and friends found themselves pitted against each other.
- ⇒ It became normal to distance ourselves from others, suspicion and fear spread.
- ⇒ Judgments and coercion ran rampant in politics and on social media.
- ⇒ Health service access was seriously compromised; many procedures were delayed.
- ⇒ Overdose and suicide rates increased.

It's a long list and it would be much longer if we tried to list everything that happened.

Is it over? Can we finally get our bearings again?

We hope its over, we want it to be over but no one knows if its over. People are still getting Covid and some people even say, it will never be over!

Therefore?

Give yourself permission to acknowledge the experience of the last two years and then **firmly resolve to step respectfully into the future.**

At CHAS some semblance of “normal” appears to be returning. The Retreat House where our office is now located— having been eerily empty since March of 2020— has started to hum with activity. In person meetings with the planning committee for the 2022 Convention have been a total delight.

I have also learned a lot. Without the impetus provided by the pandemic a Zoom meeting would still be a virtual idea. Its also increased my resolve to remain on good terms with people with whom I do not agree. As well, the importance of strengthening my prayer life and good self-care are more deeply rooted in my daily discipline. All good things!

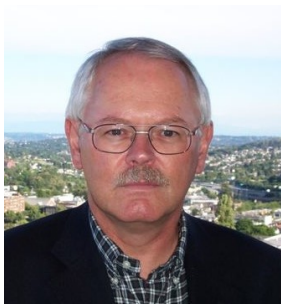
Though the contours of the coming year are still materializing, **a new future** is emerging. At CHAS we are stepping into that future.

Peter Oliver





CONVENTION 2022
October 27 & 28



Everything we know about Catholic Health can be traced back to the way we are received when we are in need of care. The thread that runs through all these encounters is **HOSPITALITY**.

Hospitality has always been a hallmark of a CHAS convention. With this in mind, the 2022 Convention will begin with **Wine, Dinner, Awards, and an Absolutely Stellar Speaker!**

We are delighted that **Fr. Ron Rolheiser** will offer our Keynote Address: *Spiritual Health and Wellness – Symptoms, Diagnoses & Some Counsel for the Long Haul*

Fr. Ron's presentation will...

· **Help us** name our present moment in terms of its impact on our health and wellness.

Provide essentials for spiritual health and wellness – without letting the perfect crucify the good.

Offer counsel for sustaining ourselves, our morale, our sanity, and our sense of humor.

Fr. Ron's Bio on page 4

Meet Our Breakout Presenters (choice of two sessions)

Dr. James MacMillan Clinical focus on Palliative Care

Palliative Care: The Possibility of a Holistic Hospitality will explore the palliative approach to care, discussing the notions of accompaniment and faithful presence when walking with those with life-threatening illnesses. We will explore current gaps in our networks of care and potential opportunities for service and advocacy.

Cindy Lewans Associate Chaplain at Sherbrooke Community Centre and Central Haven

Spiritual Care for Those Living with Dementia In this session, participants will consider some of the common issues and needs of those living with dementia, practice a few recommended responses from dementia care experts, and learn about available supportive resources.

Greg Hoffort Executive Director St. Joseph's Hospital of Estevan & Radville Marian Health Centre

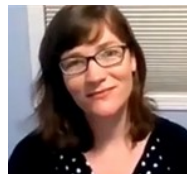
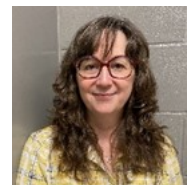
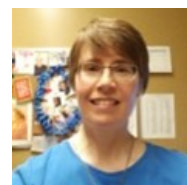
St. Joseph's Addiction Recovery Centre –Living the Catholic Health Mission will explore how our Catholic legacy and desire to live the Catholic Health Mission to serve the most vulnerable among us led us on our journey to gain Government Approval to open an innovative addiction recovery process in Estevan.

Tracey Carr PhD Researcher, U of S - Medicine & Lecturer in Psychology - St. Thomas More College

Fostering Hospitable Conversations in Health Care Delivery As healthcare systems have become more complex, decisions tend to be more difficult to make. Participants will have the opportunity to explore how they make personal healthcare decisions and how to support patients as they make choices about their care.

Mary Heilman PhD in Public Policy from the U of S, Bioethicist for St. Paul's Hospital & CHAS

Entertaining Angels: The Ethics of Hospitality Behind much of the polarizing conflict in our community is a belief that says, "you don't believe what I believe so I have no need of you". How do we meet this belief by welcoming the "other" – people who differ from us in their culture, faith & economic status, or oppose our values concerning sexuality or dying?



Pope Francis' Apology and the Path Toward Reconciliation.

At no time in our history have we been so aware of the deep suffering experienced by Indigenous People in Canada. Pope Francis' apologies in Rome and on Canadian soil are a step toward healing and walking together, but the apology needs to be followed by action that is committed to reconciliation. While in Canada, Francis reminded us of the harm done by indifference.

This year's convention will offer a panel presentation titled *Pope Francis' Apology and the Path Toward Reconciliation* and we're honored to have the following presenters lead this session.

Ann LaFleur, a gifted elder among the communities of north western Saskatchewan. She was **with the delegates that met with Pope Francis in Rome** when he apologized for the Church's involvement in residential schools.



Ann LaFleur 2nd from left at the Apology in Rome
Photo by Brianna Lizotte

Ann will join **Rosalie Tsannie-Burseth**, a member of the Hatchet Lake Denesuline First Nation, and a former student at St. Michael's Residential School in Duck Lake. She has worked tirelessly to further reconciliation by teaching and by reaching out to people who do not understand the need for reconciliation.



Harry Lafond

Abp. Murray
Chatlain

Rosalie
Tasannie-Burseth

Harry Lafond, from Muskeg Lake Cree Nation will also join us. In his work with students at St. Thomas More College and in the community, he is an advocate for reconciliation and the Cree language. This fall Harry will receive the Order of Merit, Saskatchewan's highest honor.

Finally, **Archbishop Murray Chatlain** (Archdiocese, Keewatin-Le Pas) will help us to understand the importance of the apology.

Archbishop Murray is uniquely qualified to help in this journey. The diocese in which he serves has over 50,000 Catholics, 80% of which are Indigenous and Metis. He has learned the Dene language and he calls the four years he lived among the Dene in Black Lake and Fond du Lac his "Dene Seminary."

Energy, Passion, and Faith - That's Leah Perrault



A CHAS convention would be incomplete if we didn't leave with **wind in our sails and vision** to carry us through the year.

Leah Perrault is one of the most passionate speakers we know. Her presentation, "Hospitality: A Pathway through Polarization" will explore the divine invitation to make space for one another. In our hearts and in our healthcare,

we are invited to explore how God's radical hospitality can make a way through what seems impassable. She will explore with us the practical parts of a virtue that can change us – and the world.

Leah Perrault – E.D. of Southwest Homes in Swift Current, a Catholic writer and speaker, married to Marc and mom to Robyn, Eliot, Charlize and Atticus.



Interactive Virtual

One thing we learned during Covid was the value of offering content virtually. At this year's Convention we will have a fulltime person who will support the engagement of virtual participants. You will have an opportunity to engage speakers, make comments and connect with other virtual participants!

The Convention will also feature input about the **Research Project CHAS sponsored** this summer. More on Page 4

Fr. Ron Rolheiser Keynote Speaker

Fr. Ron is in demand and well known as speaker and award winning writer in the area of contemporary spirituality. While completing his M.R.Sc. and Ph.D at University of Louvain, in Belgium, he began to write a regular feature column titled, *In Exile*, which is now carried by Catholic news services worldwide. He is also the author of 16 books including titles such as, *Our One Great Act of Fidelity: Waiting for Christ in the Eucharist*; *Bruised and Wounded: Struggling to Understand Suicide*; *The Fire Within: Desire, sexuality, longing and God*.

Fr. Ron has served six years on General Administration of the Missionary Oblates of Mary Immaculate, in Rome. In 2005, he became the President of the Oblate School of Theology in San Antonio Texas and retired from that position in September 2020. He remains on staff as a full time faculty member.

Getting Results for Long-term Care Residents

Perspectives from Saskatchewan Healthcare

This summer CHAS partnered with Mont St. Joseph's Foundation, St. Thomas More College and Emmanuel Health to study the challenges faced by facilities providing long-term care in Saskatchewan. The **research project** is titled "Getting results for long-term care residents: Perspectives from Saskatchewan healthcare".

"University of Saskatchewan Clinical psychology graduate student Jyllenna Landry and psychology undergraduate student Yash Tendulkar are co-leading the project -- making contact with leaders, conducting interviews, analyzing data, and designing reports and presentations. Consultation support is provided by psychology undergraduate student Kayley Lawrenz, who has lived in two long-term care homes, and by Dr. Abigail Wickson-Griffiths, a nurse researcher at University of Regina. The project is supervised by Dr. Paulette Hunter, a psychologist researcher at St. Thomas More College. (Dr. Paulette Hunter)"

Reaching out to "the 39 non-profit facilities that offer specialized long-term care services," the team's goal is to "explore and formally

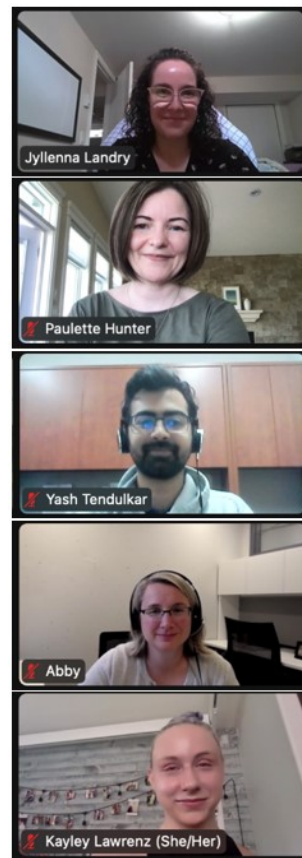
document the challenges organizations delivering specialized long-term care services face"

"Tangible results of the project will include presentations and accompanying reports on **the relevance of Catholic Social Teaching** to non-profit organizations' work, and the goals, achievements, barriers, and dilemmas of

healthcare organizations (particularly, specialized long-term care providers who are members of the Catholic Health Association of Saskatchewan and the Provincial Affiliate Resource Group)."

"It is also hoped that the dialogue initiated during and beyond the project will" help "informing opportunities to translate the values reflected in Catholic healthcare (e.g., subsidiarity and solidarity) to non-Catholic healthcare partners" and "increased momentum to address the barriers healthcare organizations face in getting results for long-term care residents." (Above quotes taken from Dr. Paulette Hunter – Project proposal)

**Learn more
about this
research at the
CHAS
convention!**



Do you think we will ever see invisible planes?
I just can't see them taking off.

CONVENTION REGISTRATION DEADLINE

October 19th (11 am)

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|---|-------|
| • Interactive Virtual..... | \$75 |
| • Commuter (Includes banquet, breakfast & lunch) | \$185 |
| • Full Convention & Small Single rm..... | \$255 |
| • Full Convention & Medium Single rm..... | \$275 |

Register at queenshouse.org

A block of rooms has also been reserved at The Sandman Signature Hotel, 2815 Lorne Ave \$139/night.

To reserve call: 306-518-7263.

Group Booking Code: 22IOCHAS (CHAS Connections).

Reserve a hotel room before Sept. 27th