

A Prayer for World Day of the Sick 2020

A Blessing for the Sick

May you be held in love
May tenderness carry you
May the pain you know too well be lifted from you

May your heart's heaviness
Be lightened by grace
May hope abound for you

May those who serve you care for you
May their expertise help you
and their compassion sustain you

May you know you are not alone
and always loved by God.

May you see miracles
and know you are one
May your courage give us courage
May your love hold us tenderly

And may you dwell in peace
in the midst
the depth
and the breadth of Your being

Amen.

[This blessing comes from the book, *Voices from the Journey*, authored by Sr. Juliana Casey, IHM.
Learn more about the book at www.chausa.org/voices
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