

MISSION  POSSIBLE

THE JOURNEY OF  
GRACE-FILLED COMPASSION



Catholic Health Association of Saskatchewan

# ANNUAL CONVENTION

**OCTOBER 24 - 25, 2019**

PRINCE ALBERT INN, PRINCE ALBERT, SK



Catholic Health  
Association of Saskatchewan

For more information or with questions regarding registration:

Office Phone: 306-955-CHAS (2427) | Website: [www.chassk.ca](http://www.chassk.ca)



# SCHEDULE AT A GLANCE

## THURSDAY, OCTOBER 24

10:00 ..... Tour at Mont St. Joseph Home (optional)  
To book the tour, please call MSJ Home directly at (306) 953-4500 before October 17

11:30 ..... Registration

12:45 ..... Welcome and Opening Prayer

1:15 ..... Dr. Shane Sinclair

2:30 ..... Networking Break

3:00 ..... Dr. Shane Sinclair

4:00 ..... AGM

6:30 ..... Banquet and Awards Ceremony

## FRIDAY, OCTOBER 25

8:15 ..... Breakfast

9:00 ..... Opening Gathering

9:15 ..... Dr. Debra Parker-Oliver

10:15 ..... Networking Break

10:45 ..... Daniel Lussier

11:45 ..... Lunch

1:15 ..... Leah Perrault

2:15 ..... Networking Break

2:45 ..... Mass/Leaders' Blessing  
with Celebrant and Homilist Bishop Albert Thevenot

4:00 ..... 2020 Convention Promotion  
& Closing Remarks

4:30 ..... CHAS Board Organizational Meeting

# KEYNOTE SPEAKERS



### DR. SHANE SINCLAIR

Dr. Shane Sinclair is an Associate Professor and Cancer Care Research Professor with the University of Calgary, Faculty of Nursing and an Adjunct Associate Professor in the Department of Oncology, Cumming School of Medicine at the University of Calgary. His research focuses on psychosocial and

spiritual issues within oncology and palliative care, including his nationally funded program of research on compassion—with his recent study on Sympathy, Empathy and Compassion being awarded 'Paper of the Year,' by Palliative Medicine the worlds premiere palliative care journal.

### COMPASSION

#### *is in the Eye of the Beholder*

Compassion is a central principle of quality care—but what is compassion really and according to whom? Patients and healthcare providers are at the epicenter of compassionate care, yet their perspectives and experiences of compassion have historically been overlooked. In this presentation, the voice of patients and healthcare providers will be woven together and illustrated in the Compassion Model—containing the key ingredients of compassion.

### DON'T BELIEVE EVERYTHING YOU SEE

#### *Challenges to Compassion*

Compassion is one of the most liberally used terms in healthcare but how does it differ from routine care, sympathy and empathy? Distinguishing between these terms and critically appraising commonly cited barriers of compassion is important to not only the wellbeing of healthcare providers but ultimately the patients in their care. This presentation will carefully challenge commonly held beliefs, distinguish between terms in the lexicon of care, and delineate fact from fiction from an evidence-based perspective in order to help healthcare providers to perform at their full scope of compassion.



### DR. DEBRA PARKER-OLIVER

Debra Parker Oliver is a nationally known researcher on Hospice Caregiving and a Professor at the University of Missouri. Despite her professional credentials, she found herself ill-prepared to face her husband's illness and death.

### CAREGIVING

#### *A Journey to Redefine Hope Through Mission*

Debbie Oliver will share her journey as a caregiver for her husband David. Emerging from their experience of his diagnosis, cancer treatment, death and dying, they pursue a mission to educate others about the ups and downs of facing and encountering death. They make 28 YouTube videos to accomplish this mission and in the process learn to find hope and conquer fear. Their mission continues to help Debbie redefine hope in a new life without David.



### DANIEL LUSSIER, ICD.D

Daniel Lussier is CEO of the Catholic Health Corporation of Manitoba (CHCM), which was created by the Grey Nuns in 2000 and sponsors 15 health and human service agencies providing compassionate care and support to Manitoban. He is currently a director and member of the Executive Committee of the *Société de la francophonie manitobaine*, ex-officio director of St. Boniface Hospital and director and board Chair of Investissement immobilier CCSM Ltée, a private-for-profit corporation offering seniors housing and health care services in Montreal, Québec.

### COMPASSION PROJECT

#### *A journey towards our deeper sense of purpose*

The Catholic Health Corporation of Manitoba launched its Compassion Project over ten years ago. It renews our legacy, nurtures and strengthens our ability to be vibrant signs of compassion and hope today. The research tells us that when we have the opportunity to create the conditions for compassion, empathy, and kindness to emerge for ourselves and for others, organizations flourish. With the Compassion Project, CHCM supports people in their journey toward a deeper sense of purpose. We offer several initiatives that enhance sustainable, person-centered practices and encourage spiritual and communal well-being. We will be sharing what it is we do, what we've learned and where we think we are going next.

# INSPIRATIONAL SPEAKER



### LEAH PERRAULT

Leah is the Director of Mission at St. Paul's Hospital in Saskatoon by day, a speaker and writer on the side, and a wife of one and mom of four 24/7. You can read her column, Barefoot and Preaching, on her website at: [www.leahperrault.com](http://www.leahperrault.com)

### COMPASSION RISING

#### *Mission in the Middle of the Mess*

It is easy to be compassionate when we have had enough sleep, when only one patient or resident needs us at a time, when no one calls in sick, and all is right with the world. But what happens when we are short-staffed and over-capacity, tired and hungry, or when our worlds seem to be caving in? In 2017, Leah and her family experienced a miscarriage, a job loss, and her sister's tragic death. All the grief confirmed what she had suspected all along: our mission matters most in the mess, when we need to rely on something bigger than us to help us to rise to compassion and grace—at home and at work.



# REGISTRATION FORM

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

\_\_\_\_\_

EMAIL \_\_\_\_\_

PHONE \_\_\_\_\_

**DAY RATE** \$150 X \_\_\_\_\_

**EARLY BIRD** \$275 X \_\_\_\_\_  
before September 30<sup>th</sup>

**FULL REGISTRATION** \$290 X \_\_\_\_\_  
after September 30<sup>th</sup>

## EXTRA BANQUET

**TICKETS** \$50 X \_\_\_\_\_

**TOTAL:** \$ \_\_\_\_\_

## PLEASE CHECK:

Will you attend the Banquet  YES  
on Thursday, October 24<sup>th</sup>?  NO

# REGISTRATION INFO

A completed registration form is required for each registrant.

## PAYMENT

Make cheque payable to:

## Catholic Health Association of Saskatchewan

#104 - 3502 Taylor Street East  
Saskatoon, SK  
S7H 5H9

## CANCELLATION POLICY

Notice of cancellation must be given seven business days prior to the event. A \$35.00 administration fee will apply to all refunds. No refunds will be granted after October 10, 2019. Substitutions will be accepted at any time.

## ACCOMMODATIONS

The Prince Albert Inn is pleased to host the Annual CHAS Convention.

A block of guest rooms has been reserved until September 21, 2019 and rooms are available on a first-come, first-serve basis. Occupancy rates are \$119 per night, plus taxes; parking is included.

## RESERVATIONS

To make reservations, please contact the Prince Albert Inn and quote the group name:

### Sask Catholic Health

Phone: 306-922-2224

Toll Free: 1-800-922-5855

## QUESTIONS?

Phone: (306) 955-CHAS (2427)

E-mail: catholichealth@chassk.ca

WWW.CHASSK.CA

