

# chas communiqué

VOL. 34 No. 2 Spring/Summer 2018

Catholic Health Association of Saskatchewan 104 - 3502 Taylor Street East Saskatoon, SK S7H 5H9  
P 306-955-CHAS (2427) catholichealth@chassk.ca www.chassk.ca

## It's Time to Register—CHAS 75th Conference!

**CHANGE IS CONSTANT**, we feel it all around us in our fast-paced society. How then do we face change? How do we navigate all the challenges and opportunities that we are sure to encounter? As people of faith, we look to our True North, Jesus the Healer, who continues to guide and ground us in our ministry of Catholic health care.

### KEYNOTE ADDRESS

**SR. NUALA KENNY, OC, MD, FRCP**

#### Rediscovering the Art of Dying: Challenges for the Disciples of Christ

With a focus on Jesus as our True North, Sr. Nuala Kenny will reflect on the journey of change and the inevitable questions we all face regarding health, illness, suffering, and dying. In an era where suffering and death is now medicalized, how can we navigate what is a 'good death?' Sr. Nuala will provide a spiritual and biblical reflection to this by linking Jesus' own experience of suffering and death with real-life stories about patients.



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### KEYNOTE ADDRESS

**DR. TRACY TROTHEN**

#### Why Values Matter and How Do We Know What's Right?: Moral Distress

What matters to you? In this first session, Dr. Trothen leads us through an interactive exploration of values. We don't always find the time and space



to intentionally explore what is important to us, how we know what we think is right and wrong, and why we can get confused about what really matters. How do we know what is the right thing to do? What really matters most to us can be difficult to discern and difficult to remember when we find ourselves in stressful situations needing to make hard choices. How do we know what's right? Sometimes we find ourselves agonizing over how to respond in a challenging situation. We can find ourselves caught, not knowing what to do. In a second session, Dr. Trothen will explore the reality of moral distress, and what happens when we find our values compromised. Research shows that there are some common causes of moral distress. This distress is soul wrenching and too often



un-named. Moral distress is a real issue that affects many of us in day-to-day situations especially when we are responsible for someone else who is vulnerable.

### KEYNOTE ADDRESS

**GREGG BROWN, MSC, CTDP**

#### Learning Resilience, Leading Change

People are doing more—faster, better and with less—and those in healthcare are under tremendous pressure to continue on this trajectory. What tools are available to help navigate the speed of change? Most change models don't address how to improve our capability to lead and handle change, but research has shown that resilience—the ability to handle multiple changes effectively—can be learned. In this interactive, powerful, mission-focused



session, participants will gain a unique perspective and acquire the critical mindset and skills needed to deal with change in any environment.

### INSPIRATIONAL SPEAKER

**MARC DANSEREAU**

#### Creativity: The Craft that Buys our Grief

Marc Dansereau will share his personal family story—the heartache and the hope—of losing a child to cancer. Following his daughter's death, Marc felt a growing desire to do something meaningful with all his pent-up energy and grief. He would build a sandcastle, something they did together as a family, but a special one—Bernadette's Castle. His mission and message about the value of hospice care grew from that moment. Come and hear his faith-filled and truly inspirational story, and see the sand castle that Marc will build for us during the conference!



**SCHEDULE AND REGISTRATION INFORMATION ON NEXT PAGE...**

# Conference Schedule and Registration Information

## SCHEDULE AT A GLANCE

### MONDAY, OCTOBER 22

- 11:00 am ••••• Registration open
- 1:00 pm ••••• Welcome and Opening Prayer
- 1:15 ••••• **KEYNOTE** » Sr. Nuala Kenny
- 2:30 ••••• Networking Break
- 3:00 ••••• **KEYNOTE** » Dr. Tracy Trothen
- 4:00 ••••• **What's the Scoop?**  
*Update from the world of Catholic Health*
- 6:00 ••••• Reception (cash bar)
- 6:30 ••••• Banquet and Awards Ceremony  
*75th Anniversary Celebration*

### TUESDAY, OCTOBER 23

- 8:00 am ••••• Breakfast
- 9:00 ••••• Opening Prayer
- 9:15 ••••• **KEYNOTE** » Dr. Tracy Trothen
- 10:15 ••••• Networking Break
- 10:30 ••••• **KEYNOTE** » Gregg Brown
- 11:45 ••••• Lunch and AGM
- 1:15 pm ••••• **Inspirational Speaker** »  
Marc Dansereau
- 2:15 ••••• Networking Break
- 2:45 ••••• Eucharist with Bishop Hagemoen  
*Presider and Homilist*
- 4:00 ••••• 2019 Convention Promotion  
& Closing Remarks

### EARLY BIRD

before September 30th

**\$275 X** \_\_\_\_\_

### FULL REGISTRATION

after September 30th

**\$290 X** \_\_\_\_\_

### EXTRA BANQUET TICKETS **\$50 X** \_\_\_\_\_

Add an additional \$50 per ticket

## REGISTRATION INFO

Please send your name, address, email and phone number, along with cheque made payable to:

### Catholic Health Association of Saskatchewan

#104 – 3502 Taylor Street East  
Saskatoon, SK S7H 5H9

### CANCELLATION POLICY

Notice of cancellation must be given seven business days prior to the event. A \$35.00 administration fee will apply to all refunds. No refunds will be granted after October 10, 2018. Substitutions will be accepted at any time.

### ACCOMMODATIONS

The **Saskatoon Inn**, 2002 Airport Drive, Saskatoon, is pleased to host the 75th Annual CHAS Convention. **A block of guest rooms has been reserved until September 21, 2018** and rooms are available on a first-come, first-serve basis. Occupancy rates are \$139 per night, plus taxes; parking is included.

### RESERVATIONS

To make reservations, please contact the Saskatoon Inn and quote the group name:

### Sask Catholic Health

Phone: (306) 242-1440

Toll Free: 1-800-667-8789

### QUESTIONS?

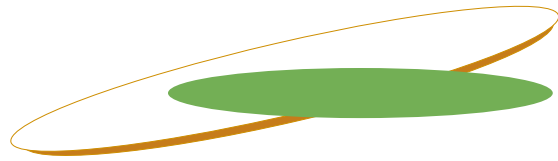
**Phone:** (306) 955-CHAS (2427)

**E-mail:** catholichealth@chassk.ca

**www.chassk.ca**

FOLLOWING  
TRUE NORTH

## You're Invited - Compassionate Healers Masses



### *Compassionate Healers Mass*

Please join us at the Compassionate Healers Masses, held in each of the three dioceses in Saskatchewan. This fall marks the hosting of the 13<sup>th</sup> year in Saskatoon and 12<sup>th</sup> in PA and Regina. All are welcome to attend—whether you are medical personnel, a health care worker, parish nurse, involved as a care volunteer in either a parish or health care facility—really, anyone who considers themselves a caregiver is invited to come!

**THURSDAY, SEPT 13, 2018**

**7 pm Resurrection Parish  
3155 Windsor Park Road, Regina  
Presider & Homilist ~  
Archbishop Bolen**

**SUNDAY, SEPT 16, 2018**

**9:30 am St. Michael's Parish  
1505 - 13th Str W, Prince Albert  
Presider & Homilist ~  
Bishop Albert Thevenot**

**WEDNESDAY, SEPT 19, 2018**

**7 pm St. Francis Xavier Parish  
222 Willow Street, Saskatoon  
Presider & Homilist ~  
Bishop Mark Hagemoen**

## More Community Engagement for Marissa Alarcon



During this significant year of change for CHAS, we have been very grateful for the continued enthusiasm and hard work offered by Marissa Alarcon. Having served now for more than 5 years in her role as Executive Assistant, we are very happy to expand her duties and responsibilities to being our Program and Community Engagement Coordinator.

In keeping with our three key strategic priorities of offering: education and resources; connection to community; advocacy and communications - Marissa is well positioned to assist in every aspect of CHAS' work as we continue to promote the healing ministry of Christ to our membership.

If you find yourself on the other end of a phone call or email with Marissa, be sure to congratulate her on a job well done!

# Annual Meeting Notice and Call for Resolutions

The 75th Annual Meeting of the Catholic Health Association of Saskatchewan will be held at 12:30 pm on Tuesday, October 23, 2018 at the Saskatoon Inn, Saskatoon. Resolutions may be submitted to the Executive Director by a member prior to the Assembly and may also be proposed at the Assembly in accordance with the process established by the Board of Directors. (Bylaw 6.12)

## Process for Resolutions:

- Resolutions to be considered for presentation at the Annual Meeting shall be submitted in writing to the Executive Director 21 days prior to the Meeting.
- The Executive Director shall make the Resolutions available to the Executive Committee at least two weeks in advance of the Annual Meeting.
- Resolutions must be accompanied by appropriate supporting documentation.

**Resolutions will be received at the CHAS Office up to September 28, 2018.**

## Resolutions Proposed at the Annual Meeting:

1. Resolutions intended to be proposed at the Annual Meeting, shall be submitted in writing with supporting documentation to the President at least 24 hours in advance of the scheduled time for the meeting.
2. Resolutions not submitted in accordance with No. 1 will be considered at the Annual Meeting only with the authorization of the President.

## Take note

- Congratulations to **Kelly Chessie** who took on the Executive Director role at Santa Maria Senior Citizen's Home in Regina as of April 25, 2018.
- Best wishes to **Karen Barber**, as she took on the CEO role of St. Paul's Hospital in Saskatoon as of June 11, 2018; this is a secondment from her role as the Executive Lead, Quality and Strategic Planning with Emmanuel Care.
- Congratulations and best wishes to **Lynn Kohle** as she retires from her role as Executive Director of Samaritan Place, Saskatoon on August 17, 2018.

## HOW TO DONATE:

1. On-line: Through CANADA HELPS Website ([www.canadahelps.org](http://www.canadahelps.org)) Search for Catholic Health Association of Saskatchewan under 'Find Charity' and click 'Donate Now.'
2. E-transfer: send your transfer, and answer to your security question to: [catholichealth@chassk.ca](mailto:catholichealth@chassk.ca)
3. By Mail: Send cheque payable to CHAS, #104 - 3502 Taylor Street East, Saskatoon, SK S7H 5H9
4. In Person: CHAS/Emmanuel Care Office, Unit #104 - 3502 Taylor Street East, Saskatoon, SK

