

chas communiqué

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What does it take to navigate change?

Change happens, and life moves fast. The only thing that didn't change fast enough these last few months was... WINTER! Besides that, the governance of provincial health care, and now Catholic health care, has certainly seen some landmark changes in these recent months. And having just come through a time of transition at CHAS, I've been watching and listening through this season with different eyes and ears. Let me tell you what I *didn't* hear:

"I just love change, it's so exhilarating!"
"Being in limbo—easy, peasy!"
"Uncertainty is a grand adventure!"

For most, systemic change is rarely considered exhilarating, or seen as an adventure, but it does come with a particular gift—perspective.

You see, we all need the stability of home, and the invitation to explore. Too much of home, and we can become sedentary, too much uncertainty, and we can become fearful or floundering for purpose. But when life thrusts us into uncertainty and change, we can choose to receive the gifts that await us. Like it or not, like the baby bird punted from the nest, our habits and habitat become toppled, and our perspective most certainly changes. And then we fly.

Navigating the change, the initial descent from the nest, is not easy. But when we listen to our inner compass, Jesus as our True North, our faith helps us in the fall, and inevitably, into flight.

Sandra Kary, Executive Director

Change is constant, we feel it all around us in our fast-paced society. How then do we face change? How do we navigate all the challenges and opportunities that we are sure to encounter? As people of faith, we look to our True North, Jesus the Healer, who continues to guide and ground us in our ministry of Catholic health care.

Keynote & Inspirational Speakers:

Sr. Nuala Kenny, OC, MD, FRCP
Rediscovering the Art of Dying: Challenges for the Disciples of Christ

Gregg Brown, MSc, CTDP
Learning Resilience, Leading Change

Dr. Tracy Trothen
Why Values Matter and How Do We Know What's Right?: Moral Distress

Marc Dansereau
Creativity - the Craft that Buys our Grief



Contact 306-955-CHAS (2427) or www.chassk.ca for more conference and registration info



Catholic Health
Association of Saskatchewan

a faith community sharing the healing ministry of Jesus

Launch of Emmanuel Health Inc.

With a formal launch date of April 1, 2018, Emmanuel Care has aligned its twelve acute and long-term care facilities under a single governance entity known as Emmanuel Health. These 12 not-for-profit, publicly-funded Catholic facilities include 5 acute and 7 long-term care facilities from across the province. "This transition from 12 different facility boards of directors to one province-wide board follows extensive consultation with local facility leaders, boards and other stakeholders," states Scott Irwin, CEO of Emmanuel Care.

The change mirrors the province's transition from 12



Leona Burkhardt, Board Chair of Emmanuel Care with David Patola, new Board Chair of Emmanuel Health, at their Board Commissioning Ceremony on March 16, 2018.

health regions to one health authority overseen by a singular governing board of directors. "Given the province's recent amalgamation, our restructuring will allow us to better relate,

interact and partner with the Saskatchewan Health Authority," added Irwin.

Drawn primarily from the facilities' communities, the new Emmanuel Health Board of Directors consists of 22 skilled and committed volunteers, many of whom come with experience as previous local board directors.

The appointment of Ms. Jean Morrison as the inaugural President & CEO of Emmanuel Health Incorporated also took effect on April 1, 2018. Morrison will provide oversight for these 12 Catholic healthcare facilities, reporting to the Emmanuel Health Board



Ms. Jean Morrison, new President and CEO of Emmanuel Health Inc.

of Directors. With over 30 years of experience in healthcare, and serving as the President and CEO of St. Paul's Hospital since 2009, Ms. Morrison comes with the respect and trust of her colleagues as she steps into this new leadership role.

Change always produces a measure of anxiety, yet amidst a sea of greater provincial systemic change, this alignment has created a sense of solidarity, a transition without casualties, as facility leaders at each site retain their positions and ongoing responsibilities, reporting directly now to Ms. Morrison as the new Emmanuel Health CEO. "Although the governing structures have changed, the transition will not affect the great care we offer to our patients, residents and their families," remarks Morrison.

A key consideration for Emmanuel Health is to ensure that strong facility Local Councils are in place. For Emmanuel Health to succeed, fostering strong relationships and a mechanism for Local Councils to meaningfully participate in the governance of the facility will be needed. "They have the finger on the pulse of the community; we see them as ambassadors, and will rely on their voice and presence from the community," states Morrison. Local Councils for each facility will serve as committees of the Emmanuel Health Board, with their work being the monitoring of: the mission of the facility, quality and safety performance, financial position, and community needs and engagement.

Although under one governance umbrella, each facility will maintain their own unique culture and celebration of their own founding story. "Fostering each unique charism and identity is what makes us

Emmanuel Health Comprised of 12 Catholic Health Facilities

- St. Paul's Hospital, Saskatoon
- St. Joseph's Hospital, Estevan
- St. Joseph's Hospital, Gravelbourg
- St. Anthony's Hospital, Esterhazy
- St. Peter's Hospital, Melville
- Radville Marian Health Centre, Radville
- Santa Maria Senior Citizens' Home, Regina
- St. Ann's Senior Village, Saskatoon
- Providence Place, Moose Jaw
- St. Joseph's Integrated Health Centre, Macklin
- Foyer St. Joseph Nursing Home, Ponteix
- Samaritan Place, Saskatoon

Launch of Emmanuel Health, continued

Catholic," notes Irwin. The new model will continue to reflect community presence, input, and involvement.

Still under the ownership of the Bishops of Saskatchewan, the new provincial footprint of Emmanuel Health will offer the vantage point of seeing trends, cultivating and sharing best practices, advocacy, and adding value to the health system as a whole, all while holding to the overarching vision, mission and values of Catholic health care ministry.

CHAS offers its congratulations to Jean Morrison, the new Emmanuel Health Board of Directors, and leaders from the facilities and Emmanuel Care, who together, worked very hard to launch Emmanuel Health. CHAS looks forward to working with you as we continue with our mandate to advance the value of Catholic health care ministry by providing leadership, resources and education in the areas of mission, ethics and spiritual care

Changes for St. Angela Merici Residence, Saskatoon

As of January 1, 2018, the St. Angela Merici Residence, located at 125 Cree Crescent in Saskatoon, became licensed as a Private Care Home. Having been home to the Ursulines of Prelate since 1986, the residence is now opening its doors to the public to enjoy the wonderful care and community that they have offered their own Sisters for many years. "We have completed the modifications and renovations to our 30-suite residence, not only meeting, but exceeding the requirements set out by the Ministry of Health," says Theresa Winterhalt, Executive Director of the St. Angela Merici Residence. The Residence retains its uniquely Catholic flavour, holding daily mass, holy hour and the rosary, however people of all faiths (or no faith) are welcome. "At this time, many of the residents here are Ursuline Sisters, but we have welcomed our first new resident, and have room for more who have need of this level of personal care - men or women," states Winterhalt. Adding to an already strong staff care team was the hire of a new Activities Director. Exercise programs, crafts, and seasonal activities such as gardening are just a few of the offerings in place to enhance the warm and hospitable home that the Residence has been for quite some time. Inviting smells of home-cooked meals draw the community together, as does the beautiful chapel and green atrium spaces. High school students from Bishop Mahoney School are also engaged as volunteers and companions to the residents.

Another added benefit of the Merici Residence is their staffing structure. As a larger than usual care home, they have full-time kitchen, laundry and

housekeeping staff, which allows care aides to be more focused and interactive with the residents. "We have a really dedicated staff, it's more than a job here for them, they truly care for our residents," adds Winterhalt. The care staff are also equipped with Gentle Persuasion Approach (GPA), which is a higher level of education and skilled care than would be found in most other personal care homes. Added to the staff complement is the expertise of a Registered Nurse for 24 hours a week, along with a dedicated Physician who regularly comes on site to tend to the needs of residents as requested.

Certainly, the transition from being the private residence of Ursuline Sisters to now being a licensed private care home has had its share of challenges and 'hoops to jump through,' but the end result is a wonderful, warm home avail-

able to those who need that next step up in care. It is evident to all that enter the Merici Residence that the Sisters' love and spirit still abounds in this place. For more information regarding admissions, please contact Theresa or Shannon at 306-242-5566 ext 5, or email stangmerici@sasktel.net.



Theresa Winterhalt (L), Shannon Granger (R)

Awards Nominations Deadline approaching

It's time to get in your award nominations and scholarship applications! Forms are available from the CHAS office by calling 306-955-CHAS (2427) or emailing catholichealth@chassk.ca

Completed forms must be received by mail or email by June 30, 2018.



CHAS MISSION AWARD

About the Award

The Catholic Health Association of Saskatchewan presents an annual Mission Award to honor an individual who has exemplified outstanding service in Catholic Healthcare Ministry in the Province of Saskatchewan. This award will be presented at the Annual Convention Banquet.

Eligibility and Criteria

Any volunteer, committee member, board member or staff member who resides in Saskatchewan, and is a current CHAS member, may be eligible for this award. We are looking for nominees who provide leadership in the work of

Catholic Healthcare Ministry, exemplify the Vision, Mission and Values of CHAS, have made a particular contribution to Catholic Healthcare in Saskatchewan, and are recognized by one's peers as worthy to receive this award.



MOOLA FREER PALLIATIVE CARE AWARD AND SCHOLARSHIP

About the Award and Scholarship

Dr. Dawood Moola and his wife Anne established this award and scholarship in 1995 with the objective of furthering the advancement of palliative care education and honoring those who serve with compassion in palliative care. The award features a butterfly which celebrates the beauty of a life lived, and brings hope for new life. It is presented at the annual CHAS Convention Banquet.

Eligibility and Criteria for Award

Nominees for this award should show a deep respect for the principles and values of palliative care mission and philosophy, have made a particular contribution to the field of palliative care, have provided leadership in the area of palliative care, and are

recognized by their peers as worthy of this award.

Eligibility and Criteria for Scholarship

Scholarship funds are made available to persons who have registered or are planning to register in Palliative Care education.

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HOW TO DONATE:

1. On-line: Through CANADA HELPS Website (www.canadahelps.org) Search for Catholic Health Association of Saskatchewan under 'Find Charity' and click 'Donate Now.'
2. E-transfer: send your transfer, and answer to your security

question to: catholichealth@chassk.ca

3. By Mail: Send cheque payable to CHAS, #104 - 3502 Taylor Street East, Saskatoon, SK S7H 5H9
4. In Person: CHAS/Emmanuel Care Office, Unit 104 - 3502 Taylor Street East, Saskatoon, SK