



Program Overview for Stakeholders At a Glance...

Target Audience

Invites all those who work in Catholic health care (CHC) who are interested in developing a more comprehensive understanding of the healing ministry of Jesus.

Goals of Witness to Mission:

1. Personal Growth

To provide personal enrichment and formation of the individual participant by:

- a. Inspiring the integration of prayer, contemplation and reflection as spiritual disciplines associated with personal formation;
- b. Developing an increased awareness and greater understanding of personal giftedness as part of one's call to health care ministry;
- c. Fostering a healthy work-life balance;
- d. Possessing a spiritual awareness of the dignity of persons expressed through empathy and solidarity.

2. Workplace Culture

To enhance the entire health care community in which participants work by:

- a. Understanding the core of Catholic tradition, while promoting Catholic identity and mission;
- b. Building on and expressing an appreciation for the legacy of the founders/founding congregations;
- c. Identifying, understanding and appreciating the fundamental values of the ministry of Catholic health care;
- d. Becoming creative in implementing these values in their particular organizational framework (acute care, health centre, long-term care);
- e. Becoming more effective in representing these values within the wider health care community.

3. Quality Care

To ensure quality care for all patients and residents by emphasizing the relational component by:

- a. Gaining a personal understanding of what motivates oneself to serve others and how this awareness contributes to greater quality care;
- b. Appreciating that serving from a place of personal wholeness, is the key to offering holistic and compassionate care.

Program Structure:

- Five modules facilitated in five separate 9 am-4pm days;





- Each day is delivered two to three weeks apart, thus completion within four to five months;
- Held off site from the facility but within the community. It is important that participants have the opportunity to experience a retreat for these five days;
- CHAS secures all logistic preparations for all the five days including the facility, catering and participant resources.

Cohort Size:

- A minimum of ten participants is needed (and capped at 18) to ensure the collegial and community development of the group;
- Participants must be prepared to commit to participate in all five days;
- The cohort should consist of participants from various departments who represent front line, supervisory, middle, senior and executive management roles. Additionally, a cohort consisting of a mix of age, culture, years of service, is highly recommended.

Program Facilitation:

- Each day is facilitated by a team of two facilitators using experiential learning. Aware of broad learning styles, facilitators bring forward concrete experience, reflective observation, abstract conceptualization and active engagement;
- Conversations, discussions and engaging as community has the desired effect of experiencing and understanding trust, humility and vulnerability as both a measure and the medium to personal and organizational health.

Cost of *Witness to Mission*

- The registration fee is \$1500 per person. The cost includes facilitator payment, venue hire, course materials, catering, lodging, and vehicle rental.
- The cost of CHAS staff is not passed along to the facility as this service is considered a benefit of institutional membership with CHAS.

Timeline for *Witness to Mission*

CHAS offers a total of three opportunities for *Witness to Mission*:

Fall: September to December (for one facility)

Winter: January to April (for two facilities)

Application Due Date

It is highly recommended that a facility contact CHAS six months to one year prior to actual delivery. This accommodates CHAS's need to book facilitators and venues as well as the facility to plan for and secure financial resources for this opportunity.

Further Information: Please direct all enquiries to: **Sandra Kary, CHAS** Executive Director. Ph. 306-955-2427 (CHAS). Email: catholichealth@chassk.ca

